

## Self-Expression Checklist (Sort Of)

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**Written by:** Dain (Interstellar System)

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### Content Warnings:

- N/A
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We're slowly building up our confidence in being "weirder" in public. Mainly starting with the clothes--we're trying to consciously wear more self-expressive things related to our alterhumanity and... Honestly, everything else we have going on. We're at a point where we have a good, safe group of IRL friends to be around and we're craving being more expressive with ourselves.

Things we have, currently:

- Kandi bracelets with current fronter's names on them.
- Therian/otherkin symbols on jewellery. (Our favourite is a theta-delta pendant we put on a chain from the hardware store!)
- An alterhuman (alt key) patch on our bag, and a nonhuman unity flag patch ready to be added to it.
- A tail clipped to our bag.
- Trans and disabled flag stickers on our cane.

Things we're planning on adding/doing:

- Patches to represent all of our main fronters and putting them on our bag.
- Patch with psychosis, autism, adhd and tourette's symbols on them--also for our bag.
- Disabled flag patch.
- Terrorpunk symbol patch.
- Plural rings patch.
- LGBT+ patches (xenogender, trans, bi, poly).
- Getting more jewelery with alterhuman symbols (needing an alt key).
- More general clothing that represents our alterhuman identities (pins, patches, clothing in certain styles, etc).
- More stickers for our cane.

Honestly getting all of this stuff together is fun. The front bracelets especially, because no one who doesn't know we're a system even really questions or notices them, which is both funny and convenient for when we don't feel like explaining.

I guess in a lot of ways, being so forward with it all is a risk. But.. It's one we're willing to take. We've met a few alterhumans and a few plurals in our town, and we're willing to bet there's more out there. We basically want to be a walking billboard that lets anyone with weird identity stuff going on know they're safe around us, not just on an if-you-know-you-know basis with subtle symbolism that you'd have to really read into.